



# Voluntary Testing and Counselling (VCT) for HIV

## Trained Counsellors provide...

### ***Pre-test Counselling***

- Risk of HIV infection assessed; HIV tests and possible results, HIV facts and risk reduction methods discussed.

### ***HIV Testing***

- The Rapid Test Kits require only a small finger prick of blood → results are ready within 30 minutes.
- Types of results: *Negative, Positive, Discordant or Indeterminate*. If you test either of the last two, the test will be repeated and/or third test will be used.

### ***Post-Testing Counselling***

- Test results discussed, implications explored; fears addressed.
- Medical, counselling and post-test club referrals made for more information and support.
- Any questions answered.

# VCT

